Knitting idea Sophie scarf

Instructions No. 3484

Difficulty: Beginner

Master the Sophie scarf: knit your new favorite piece yourself!
Do you love being creative and have always dreamed of knitting your own scarf? Then the Sophie scarf is just the right project for you! This small, narrow triangular shawl will add a touch of elegance and warmth to your cloakroom rails with its stylish design and fine texture. With our step-by-step instructions, you can create a work of art in no time at all that is not only only fashionable, but also very personal to you. Let your creativity run wild and discover the fun of knitting!



The basics of knitting

Before you start knitting your Sophie scarf, let's go through the basics. Knitting is about using needles to form stitches from a yarn, which then become a fabric weave. The two basic knitting techniques are 'knit stitches' and 'purl stitches'.

Knitting on the right
means going into the stitch from the front with the knitting needle , "reaching" behind the yarn and pulling it forward to form a new stitch.

Knit purl
means entering the stitch from the back with the knitting needle , "reaching" in front of the yarn with the needle and pulling it through the existing stitch to form a new stitch.

Knit stockinette stitch
In "stockinette stitch", knit stitches are knitted in one row only (right side row) and purl stitches are knitted in the following row only (wrong side row). This method creates a smooth, uniform surface with a recognizable front and back pattern.

Knit garter stitch
Knit garter stitch means that you knit only knit stitches in every row - both back and forth. This creates a wavy, more textured pattern that looks the same on both sides.

Edge stitches
With this idea, 3 stitches are always knitted as a "garter stitch edge", i.e. in every row, regardless of how many stitches are on the needle, the first 3 stitches and the last 3 stitches are always knitted.

Increase one stitch purlwise
In these instructions, stitches are increased within the knitting rows by slipping the purl knitting needle under the cross thread (the thread that runs between the knitted stitches) and then pulling the knitting thread = knitting a new stitch.

When **knitting right sides together**, you insert the needle through 2 stitches at the same time and pull the yarn through to a new stitch.

How to knit your "Sophie scarf "

Start by creating an initial loop and placing it on a needle. This is the start of your knitting project. Now, add more stitches until you have 4 stitches on your needle. These are the base to create the triangular shawl.

Knit the first **5 rows** in garter stitch.
6. **11th row** (this is a WS row): knit 2 stitches, then purl 1 stitch, knit 2 stitches so that you have 5 stitches on the needle.
7. - **11th row:** knit in garter stitch
12. 3rd **row:** Knit 3 stitches, purl 1 stitch, knit 2 stitches (= 6 stitches)
13. -**18th row**: After the 3 garter stitch edge stitches, increase one stitch purlwise on the 13th row. All further stitches in these rows between the edge stitches are knitted stocking stitch.

19. - **50th row:** Knit in this way further, increasing a purl stitch in rows 19, 25, 31, 37, 43 and 49. **Rows 49 to 60** consist of 15 stitches each. After that, the number of stitches decreases again:
Rows 61 - 107: In rows 61, 67, 73, 79, 85, 91, 97,103 and 109, the 4th and 5th stitches (after the 3 garter stitch edge stitches), i.e. 2 stitches are knitted together to form one stitch.
109. 2nd **row:** Knit together after 2 edge stitches.
110. - **114th row:** Knit the next 4 rows in garter stitch (5 stitches per row)
115. **Row:** Knit 3 stitches, knit 2 stitches together, knit 1 stitch.
116. 2nd **row:** Knit 2 stitches, knit 2 stitches together, knit 1 stitch. knit 3 rows in garter stitch.

And finally, cast off all the stitches on the needle: always pull one stitch over the previous stitch until you only have 1 stitch left on the knitting needle needle. Pull your knitting thread through this to form a knot.





If you want to knit a "dot pattern" as in the example scarf, you can achieve this by purling a single stitch in between (from the 17th row onwards at regular intervals).

Your knitted piece is as good as finished. Sew all the threads to the scarf with a darning needle. dampness and stretch it (you will probably get a scarf measuring approx. 140 x 18 cm) After drying, your new Sophie scarf is ready to wear.

With all the tips and tricks from these instructions, you can get started right away and give shape to your new favorite accessory. Discover our wide range of yarns to suit your style and taste in our online store. Show the world what you can conjure up with a few knitting needles and a little yarn !

Must Have



ONline Wool Timona uni, line 110, Colour 0230

Weight: 50 g
Running length: 120 m

4,50 € (1 kg = 90,00 €)

Item details

Quantity: - 1 + Add to cart

Article information:

Article number	Article name	Qty
21995	Book "Mini-Tücher stricken (kreativ.kompakt.)"	1
396196-40	addi Lace circular knitting needle, brassThickness 4	1